



**NORTHSTAR**  
FINANCIAL PLANNING

## Financial Well-Being Starts Here

*Live the life you desire  
by taking control  
of your financial well-being.*

### *What Is Financial Well-Being?*

Financial well-being is a whole-person experience—part mindset, part math.

- ⦿ What you can **measure**: Income, Spending, Savings, and Net Worth
- ⦿ What you **feel**: Peace of Mind, Confidence, and a Sense of Security

Both are essential. Together, they create financial clarity, personal freedom, and a deeper sense of purpose.

### *The 6 Aspects of Financial Well-Being*

At Northstar, we go beyond the numbers. We guide you through six key areas:

- |                     |   |
|---------------------|---|
| 1. <b>Cash Flow</b> | <i>Is your spending aligned with what matters most to you?</i>                    |
| 2. <b>Family</b>    | <i>How does money affect your roles, relationships, and responsibilities?</i>     |
| 3. <b>Wellness</b>  | <i>Is your financial life supporting your overall well-being?</i>                 |
| 4. <b>Net Worth</b> | <i>How do you define your worth, by a number or by what it enables you to do?</i> |
| 5. <b>Vision</b>    | <i>Are your finances helping you move toward the life you envision?</i>           |
| 6. <b>Security</b>  | <i>Do you feel protected and prepared for the unexpected?</i>                     |



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### ***Why It Matters***

When your finances feel uncertain or out of sync with your values, it can impact nearly every part of your life:

- ☼ Your mental and emotional well-being
- ☼ Your relationships with family and friends
- ☼ Your career choices and life goals
- ☼ Your sleep, health, and sense of self-worth

Financial stress isn't just about money; it's about the way it shows up in your life.

### ***How We Help***

We provide holistic financial planning designed around you - your values, your goals, and your life. Whether you're navigating a major transition or simply want greater control and clarity, we're here to help:

Set and protect your  
long-term goals

Reclaim control by aligning  
your wealth with your life's  
purpose

Feel empowered to focus on  
what matters most

*You deserve more than financial success.  
You deserve financial well-being. Let's build it—together.*



*Northstar is a fiduciary Fee-Only Wealth Management  
firm with a dedicated team of professionals.*

**Call us for a complimentary consultation today.**

**112 Range Rd. Windham NH | 603.458.2776**

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