



INSIGHTS & SOLUTIONS FIELD TEAM

POWERED BY NATIONWIDE RETIREMENT INSTITUTE®

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Nationwide Retirement Institute® provides practical thought leadership through timely insights and education, client-ready tools and consultative support. Our comprehensive approach helps financial professionals, plan sponsors and clients break down and simplify the most complex retirement challenges.



Timothy J. O'Mara

Vice President, Insights & Solutions Field Team

Timothy J. O'Mara joined Nationwide in February 2010 with more than 10 years of financial industry experience. As a Vice President for the Retirement Institute, Tim is dedicated to educating financial professionals, clients, plan sponsors and plan participants about the latest in retirement income trends. He implements practical and comprehensive retirement income solutions. He stimulates the thinking and actions of professionals in the changing world of retirement.

Tim annually addresses thousands of financial professionals and participants, and his sessions are carefully customized to meet the needs of each group. Tim's polished style, engaging message and proven ability as a business professional assure top-notch engagement.

Prior to Nationwide, Tim worked as a Regional Vice President/Wholesaler with Sun Life Financial. He began his financial services career as a financial professional and sales coach with Prudential Securities in 1999. He also led the pilot program at two locations for the Investment Specialist position at MetLife. Tim has held Regional Vice President positions with three financial institutions, was selected for and completed the Nationwide Advanced Development Program, and was selected as a member of the Nationwide Funds Advisory Board from 2011 – 2012. Tim has also been recognized as a Leaders Conference qualifier from 2010 through 2014.

Tim is a graduate of Mercyhurst University, where he majored in Business Management. Tim is FINRA series 63, 66 and 7 licensed and is working toward his Retirement Income Certified Professional (RICP) designation. Tim's areas of focus include retirement income planning, Medicare coverage, Social Security benefits and long-term care.

Tim and his wife, Caroline, have a daughter, Gracy, and two sons, Quinn and Wells, and they reside outside of Charlotte in Waxhaw, N.C., with their two Chihuahuas, Pixie and CoCo. In his spare time, Tim enjoys teaching Sunday school at his church and coaching youth sports. He coaches Weddington Titans Pop Warner football, and he is also an active supporter of One7, a homeless children's shelter in Charlotte.

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