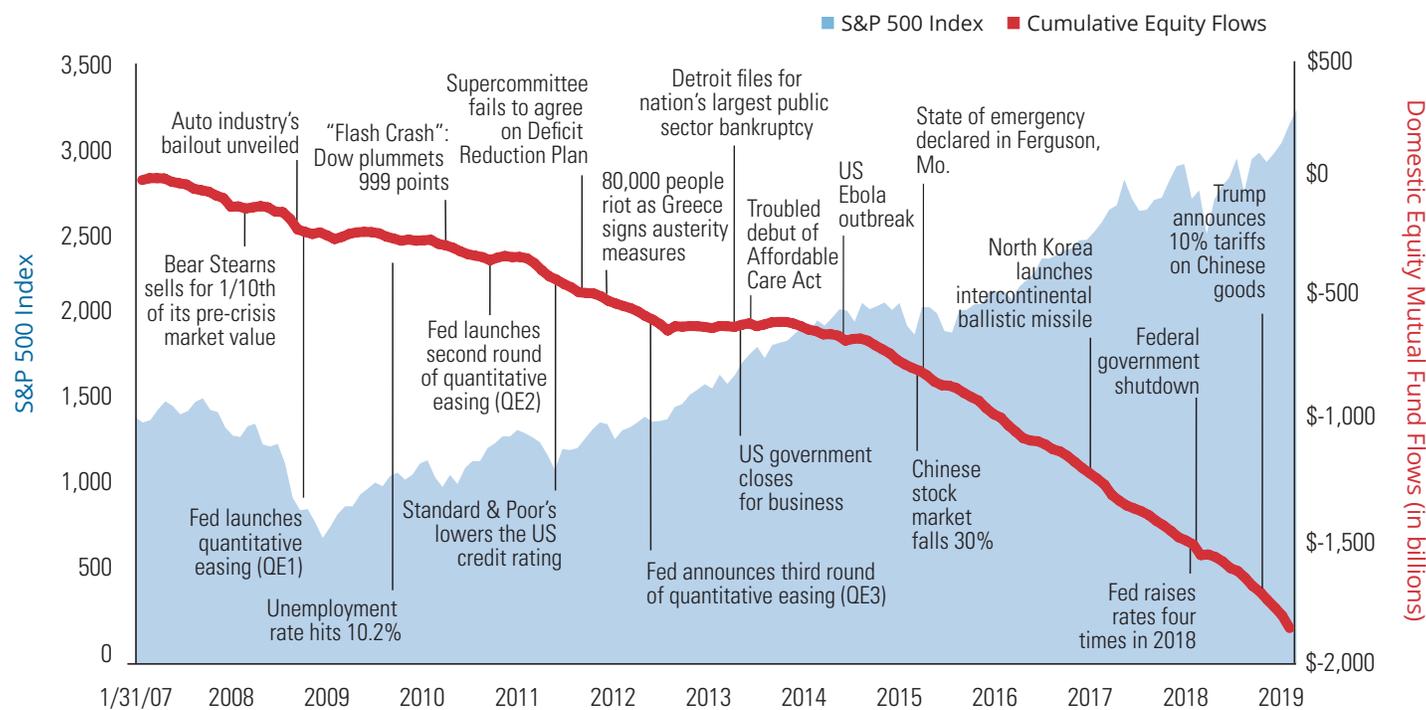


# Resisting the Urge to Panic

There's no doubt about it: The 24-hour news cycle is constantly bombarding us with news. The news we see and hear is both good and bad, but negativity bias makes it easy for us to focus (and worry) more about the bad news. For investors, this can often lead to the urge to panic. Despite the fact that the market rebounded significantly after the financial crisis of 2008, negative events and headlines had an undue influence on investment decisions and fueled desire for safer investments.

## Did You Participate In the Post-Financial-Crisis Rebound?

S&P 500 Index and Domestic Equity Mutual Fund Flows



Past performance does not guarantee future results. For illustrative purposes only. Indices are unmanaged and not available for direct investment. Data sources: Factset and Investment Company Institute, 12/19.

**Your financial advisor can help you stay focused on your long-term goals and resist the urge to panic.**

S&P 500 Index is a market capitalization-weighted price index composed of 500 widely held common stocks.

**Important Risks:** Investing involves risk, including the possible loss of principal.

Hartford Funds Distributors, LLC, Member FINRA.

CCWP075\_0320 216642