

Monthly Client Newsletter

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***“Take Your Wealth
to the Next Level”***

Adam's Update

Friends,

It is election time again in Canada! It is tough for Canadian politicians to keep the electorate engaged as they are competing with the "HUGE" entertainment factor south of the border. The one comment that I like to remind clients of around election time whether in Canada or the United State or elsewhere, is that politics has a fleeting impact on the markets. It is the business cycle that determines future performance and unfortunately, for them, politicians have little control over this!

Have a wonderful remainder of October and beginning of November and thank you for your continued support!

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Key Dates to Keep in Mind!

- TFSA contribution room available = Beginning of January
- Installment payment date deadlines = Mid March, June, September and December.
- Individual tax filing deadline = End of April.
- Self-employed individual and spouse tax filing deadline = Mid June.
- Tax Loss Selling deadline = End of December.
- RESP contributions deadline = End of December
- RRSP contribution deadline = End of February

Idea Corner:

Six Retirement Secrets

Source: ZacksPCG.com

Retirement presents the opportunity to leave behind the daily schedule you've been used to for years or decades and pursue many of your aspirations. There are different paths to get there in retirement, but all retirees share a common goal of trying to "feel fulfilled". So, what is the secret to retirement bliss? It seems it is a mix of financial along and non-monetary aspects. Below are the six key building blocks to making your ideal retirement a reality:

1. *Figure out in advance what you want out of retirement* – without a plan for your retirement years, you could potentially feel a lack of direction or experience some confusion as to how to go about life post-retirement, thereby potentially delaying your 'happiness' after entering your retirement. The first step is identifying the lifestyle choices and activities that would make you feel happy during retirement.
2. *If you have a spouse or partner, discuss your dreams together* – Rank your plans starting from the "most important/must-haves" and then maybe ending with those that you'd love to have but might not feel as important to you as the other goals. That way, you could potentially figure out where you can adjust so that a "wish" does not compromise your relationship with the person you love.
3. *Try to choose when to retire* – Your decision on the age you choose to retire should hinge on careful consideration of several factors like your financial goals, your current needs and how much room they leave for your long-term savings, responsibilities towards your family, your idea of a comfortable lifestyle and many more.
4. *Come up with a retirement income plan* – Analyzing and working out retirement income is a key ingredient towards achieving a fulfilling and comfortable retirement. Having a retirement income plan could potentially free you from much of the stress that people who are underprepared to support their desired lifestyle could have.
5. *Stay active if you can* – Starting a business, volunteering, mentoring, engaging in freelancing/part-time jobs or other encore careers- there could be several options to choose from. Engaging yourself in something that you find meaningful, versus sitting idle, could potentially give you a great deal of satisfaction from adding value to your own life and/or to a larger society.
6. *Learn new things or cultivate your passions* – Retirement could finally free up time for you to pursue your passions – like playing an instrument, writing, photography, cooking, learning a new language. Learning new things could make for enriching experiences during your retirement years.

Market Performance Review:

September 2019

*Source:
Total Returns in CAD\$, Bloomberg, Bank of
Canada, pcbond.com, Barclays Capital, BMO
CM, S&P

Adam's Comment: Stocks had a strong bounce back in September after a sluggish August. Non North American stocks led the way, while US stocks lagged (but I hardly call +1.47% in growth in a month lagging!). In fixed income markets, US and Canadian bonds sold off as rates bounced off of lows to rally on news that things are not that bad, it seems. The Canadian Loonie climbed versus the US greenback as the US Fed continues to ease rates, while the Bank of Canada sits on its hands.

Market	September Return %	2019 Year To Date Return %	5 year Annualized Return %	10 year Annualized Return %
Canadian Equity (S&P/TSX Composite Index)	1.69	19.11	5.31	6.97
US Equity (S&P 500 Index)	1.47	17.03	14.61	15.67
International Equity (MSCI EAFE Index)	2.51	10.03	7.31	7.66
Canadian Fixed Income (FTSE TMX Canada Universe Bond Index)	-0.84	7.79	3.91	4.38
US Fixed Income (Barclays Capital U.S. Bond Universe Treasury Index)	-1.24	4.55	6.20	5.18
Currency Exchange Rate (CAD\$ in USD\$)	0.39	3.01	-3.30	-2.10

Chart of the Month:

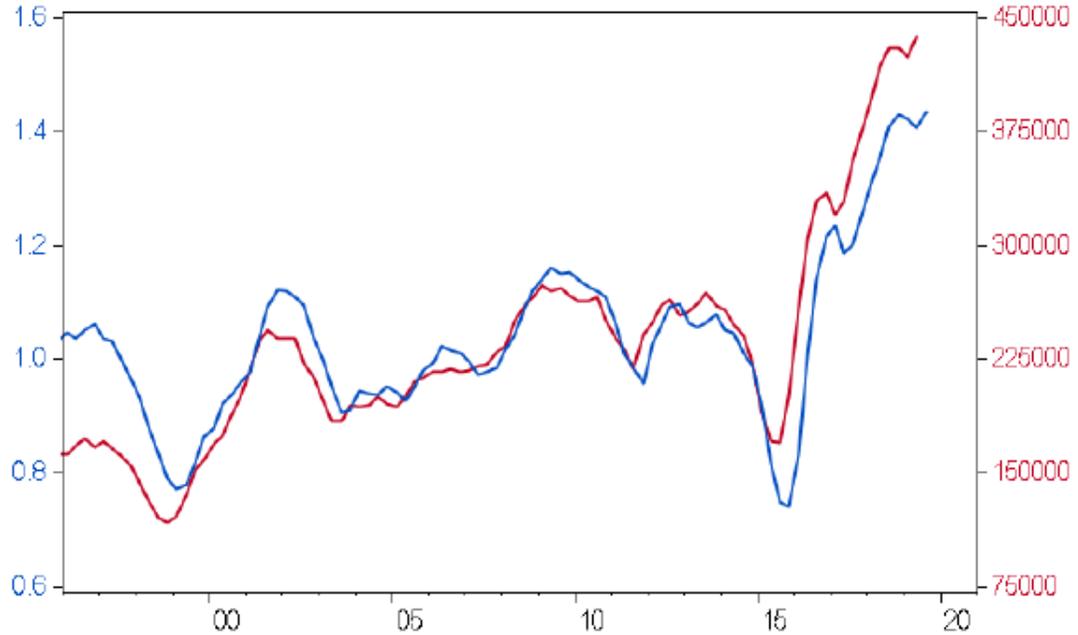
The People are Coming!

Adam's Comment: Canada's population grew 1.4% in the past year as of July 1, matching the fastest pace in nearly 30 years. In raw numbers, that's 531k new Canadians in the past year, the largest increase on record.

Here a quick summary of where the people have come from in the past year:

Net permanent immigration:	+265,200
Non-permanent residents:	+171,500
Births minus deaths:	+ 94,800
Total increase:	+531,500

Canada: Population % Change - Year to Year NSA, Persons
 Canada: Net International Migration 4-qr MovingTotal NSA, Persons



*Source:
 BMO Economics

Article of the Month:

Canadian Retirement Living!

According to a recent survey completed in the United States, 67% of people say they'd move to a less expensive location to have a more financially comfortable retirement. If you are looking for inexpensive Canadian options, below are some factors to consider. Based on this small set of factors, the top four provinces for retirees are Ontario, British Columbia, Alberta and New Brunswick. However, based on your unique set of preferences and financial plan, you can decide on the place that would support your goals in retirement.

Province/Territory	Tax rating for retirees	Population (rounded)	Share of population 65+ (approx.)	Cost of living compared to Canadian average	Prescription Costs
Newfoundland & Labrador	Mixed	528,000	87,648	Higher	Cost Unfriendly
Nova Scotia	Least tax Friendly	953,000	163,916	Higher	Cost friendly
Prince Edward Island	Least tax Friendly	152,000	24,928	Higher	Cost friendly
New Brunswick	Mixed	759,000	129,030	Even	Cost friendly
Quebec	Least tax Friendly	8,394,000	1,359,828	Lower	Cost Unfriendly
Ontario	Most Tax Friendly	14,193,000	2,072,178	Higher	Cost friendly
Manitoba	Least tax Friendly	1,338,000	189,996	Even	Cost Unfriendly
Saskatchewan	Mixed	1,163,000	170,961	Higher	Cost Unfriendly
Alberta	Mixed	4,286,000	475,746	Higher	Cost friendly
British Columbia	Most Tax Friendly	4,817,000	765,903	Lower	Cost Unfriendly
Nunavut	Most Tax Friendly	38,000	1,254	n/a	n/a
Yukon	Mixed	38,000	3,572	n/a	n/a
Northwest Territories	Most Tax Friendly	44,000	2,728	n/a	n/a

**Sources: StatsCan, CMAJ, 2018 Ernst & Young Tax calculator, Tax Ranked based on \$75,000 of income*

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