

WISDOM SESSION

Nuggets from John Wooden

"Be quick but don't hurry." - John Wooden

Eight Suggestions for Succeeding

1. Fear no opponent. *Respect* every opponent.
2. Remember, it's the perfection of the smallest details that make big things happen.
3. Keep in mind that hustle makes up for many a mistake.
4. Be more interested in character than reputation.
5. Be quick, but don't hurry.
6. Understand that the harder you work, the more luck you will have.
7. Know that valid self-analysis is crucial for improvement.
8. Remember that there is no substitute for hard work and careful planning. Failing to prepare is preparing to fail.

Beating Yourself

The very worst thing you can do is to beat yourself. By that I mean not function to your level of competency because you didn't put out your effort in all ways.

Maybe you stayed out too late last night. Maybe you were too concerned with individual statistics. Maybe you thought you could just "turn it on" without proper preparation. Maybe you did some other things that were counterproductive, like being impatient.

In other words, you beat yourself. The other guy didn't have to beat you. Now you've got something worth being ashamed of.

Winners Make the Most Mistakes

My coach at Purdue, Piggy Lambert, constantly reminded us: "The team that makes the most mistakes will probably win."

That may sound a bit odd, but there is a great deal of truth in it. The doer makes mistakes. Coach Lambert taught me that mistakes come from doing, but so does success.

The individual who is mistake-free is also probably sitting around doing nothing. And that's a very big mistake.

- Wooden by John Wooden

"Prepare your work outside; get everything ready for yourself in the field, and after that build your house." — Proverbs 24:27

PAA - Prepare in Advice for Adversity

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David Trent believes that wisdom comes from continually seeking to learn and grow through relationships and reading, which leads to personal development. In an effort to inspire learning in others, David Trent sends out weekly Wisdom Sessions. He recommends purchasing and reading any book source used in these Wisdom Sessions.