

WISDOM SESSION

Helpful

“The best way to forget your own problems is to help someone solve his.” – Unknown

Sadhu Sundar Singh and a companion were traveling through a pass high in the Himalayan Mountains when they came across a body lying in the snow. They checked for vital signs and discovered the man still alive, but barely so. Sundar Singh prepared to stop and help this unfortunate traveler, but his companion objected, saying, “We shall lose our lives if we burden ourselves with him.” Sundar Singh, however, could not think of leaving the man to die in the snow without an attempted rescue on his part. His companion quickly bade him farewell and walked on.

Sundar Singh lifted the poor traveler onto his back. With great exertion on his part – made even greater by the high altitude and snowy conditions – he carried the man onward. As he walked, the heat cast off by his body began to warm the frozen man. He revived and soon, both were walking together side by side, each holding the other up, and in turn, each giving body heat to the other. Before long they came upon yet another traveler’s body lying in the snow. Upon closer inspection, they discovered him to be dead, frozen by the cold.

He was Sundar Singh’s original traveling companion.

Don’t forget that by reaching out to help others you usually forget your own problems.

- Honor Books

” Look not every man on his own things, but every man also on the things of others.”

Philippians 2:4

RFYP - Reasons Fuel Your Perseverance

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David Trent believes that wisdom comes from continually seeking to learn and grow through relationships and reading, which leads to personal development. In an effort to inspire learning in others, David Trent sends out weekly Wisdom Sessions. He recommends purchasing and reading any book source used in these Wisdom Sessions.