

# WISDOM SESSION

## Four Words

*“Lifestyle is the art of discovering ways to live uniquely.”*

— Jim Rohn

There are four simple, powerful words that can make living worthwhile: learn, try, stay and care.

First, life is worthwhile if you **LEARN**. What you don't know will hurt you. Learn from your own experiences - negative or positive. We learn to do it right by first sometimes doing it wrong. We also learn from other people's experiences, both positive and negative.

We learn by what we see so pay attention. We learn by what we hear so be a good listener. Be a selective listener; don't just let anybody dump into your mental factory. We learn from what we read so learn from lectures, learn from songs, learn from sermons, and learn from conversations with people who care. Always keep learning.

Second, life is worthwhile if you **TRY**. You can't just learn; now you have to try something to see if you can do it. Try to make a difference, try to make some progress, try to learn a new skill, and try to learn a new sport. It doesn't mean you can do everything, but there are a lot of things you can do, if you just try. Try your best. Give it every effort. Why not go all out?

Third, life is worthwhile if you **STAY**. If you have signed up for the day or for the game or for the project - see it through. Sometimes calamity comes and then it is worth wrapping it up. Don't end in the middle. If you signed up, see it through.

Fourth, life is worthwhile if you **CARE**. If you care at all you will get some results, if you care enough you can get incredible results. Care enough to make a difference. Care enough to turn somebody around. Care enough to start a new enterprise. Care enough to change it all. Care enough to set some records. Care enough to win.

- Jim Rohn

*“Stop listening to instruction, my son, and you will stray from the words of knowledge.” — Proverbs 19:27*

ADYB - Always Do Your Best

*June 13, 2022*



David Trent believes that wisdom comes from continually seeking to learn and grow through relationships and reading, which leads to personal development. In an effort to inspire learning in others, David Trent sends out weekly Wisdom Sessions. He recommends purchasing and reading any book source used in these Wisdom Sessions.