

GOOD LIFE NEWSLETTER

GOOD LIFE TRACKER

Q1 Q2 Q3 Q4

As we enter the final quarter of the year, now is the ideal time to schedule your annual review if you haven't already. These conversations are a chance to step back, reflect on the progress you've made this year, and make sure your financial plan is set up for success heading into 2026. [Schedule your review today!](#)



MARGIE'S MOTIVATION

"Some people want it to happen, some wish it would happen, others make it happen."

- Michael Jordan

WHAT'S NEW ON YOUTUBE ANTHONY'S THURSDAY THOUGHTS

[Power Points: The 80% Rule for Pensions and Retirement Income](#)

[Power Points: Health Benefits for Public Employees Retiring Before 65](#)

[Power Points: The Triple Tax Advantage of HSAs](#)

[Watch More!](#)



Check out Anthony's article of the month: [10 Major Medicare Changes Coming in 2026: What to Expect With Premiums, Drug Prices, and Program Cuts](#)



AMY'S ADVENTURES

I moved to Northeast Minneapolis two years ago this month, and as I reflect on what I love most about my new neighborhood, one thing stands out: the incredible ethnic restaurants on Central Avenue. This stretch feels like a passport to the world, with flavors and traditions from so many cultures just blocks apart.

Chimborazo, an Ecuadorian restaurant, quickly became my favorite spot. Their seco de carne and llapingachos (cheesy potato patties) are comfort food at its best.

Another gem is **Momo Sushi**, owned by a Tibetan immigrant. After a fire at their Central Avenue location last month, I'm telling everyone I know to support their other businesses while they rebuild. You can find their famous momos (steamed dumplings) at **Momo Café**, also on Central Ave, or their suburban outpost, **Ama Sushi**, at 50th and France.

And while Central boasts several great Mexican restaurants, my go-to is **Maya Cuisine**, mostly because I can walk there. Their street tacos with handmade tortillas are always a win, especially if you order the barbacoa or al pastor. And don't skip their excellent salsa bar.

Central Avenue is where culture and community truly come together through food. I hope you'll check out a new spot this fall and see for yourself.

CHARITY SPOTLIGHT

Special Olympics Minnesota

Special Olympics Minnesota is a nonprofit dedicated to empowering individuals with intellectual disabilities through sports, health programs, leadership opportunities, and community connection. This October, they're hosting the Twin Cities Hot Cider Hustle in Bloomington on October 18th, featuring 5K and half marathon races. Participants will enjoy a fun, festive run capped off with hot cider and caramel apples—all while supporting Special Olympics' mission to create a more inclusive world through the power of sport.



JEFF'S LIFE LESSON:

Longevity: Embracing the Gift of Time and the Wisdom of Aging



Birthdays remind us that longevity is both a blessing and a challenge. We believe it's not just about adding years to your life, but adding life to those years. In Jeff's latest blog, he reflects on the trials, joys, and wisdom that come with aging—and how financial clarity can help you embrace each stage with confidence and gratitude.

[Read Here](#)

ERIN'S EVENT COLUMN



10 Cyber Threats in the Age of AI—And How to Fight Them

OCT 29 12pm

[Register](#)

Community Kit Build: Supporting Children's Minnesota

NOV 12 11-12:30pm

[RSVP](#)

Let's Connect!



steinfinancialgroup.com