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Markets are hanging on every word as the US/Israeli-Iran conflict nears one month. Predictably they are volatile with fear and greed driving global indexes higher or lower (mostly lower) on encouraging or discouraging news. The real-time nature of 24/7 news feeds has shifted the focus from the medium-to-long term to the **now**. Investors reacting to the latest developments can be expected to fare more poorly than those who maintain a more circumspect point of view by staying above the fray.

All wars come to an end eventually and while geo-political outcomes are less than certain, market outcomes are highly predictable. Without exception, Markets inevitably find their bottom and then begin the process of recovery which culminates with new Market heights reached before long.

It is normal to be stressed by Market declines, after all Investors invest with one goal in mind: to see their capital increase in value. And it will. Over time by being diversified and by being patient. Please click [<here>](#) for a short video which helps to contextualize the events of today within a larger investment time frame.¹

Tune out the noise and stay focussed on the long term.

Thanks for reading!

Martin

1-519-546-5088

Source 1: Dimensional

MARTIN WEILER, FINANCIAL ADVISOR
FIRST CAPITAL FINANCIAL / WORLD SOURCE FINANCIAL MANAGEMENT INC
50 CORESLAB DR. DUNDAS, ON L9H 0B2
P: 519-829-1331 F: 833-869-8042
MARTIN@FCFCORP.CA

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