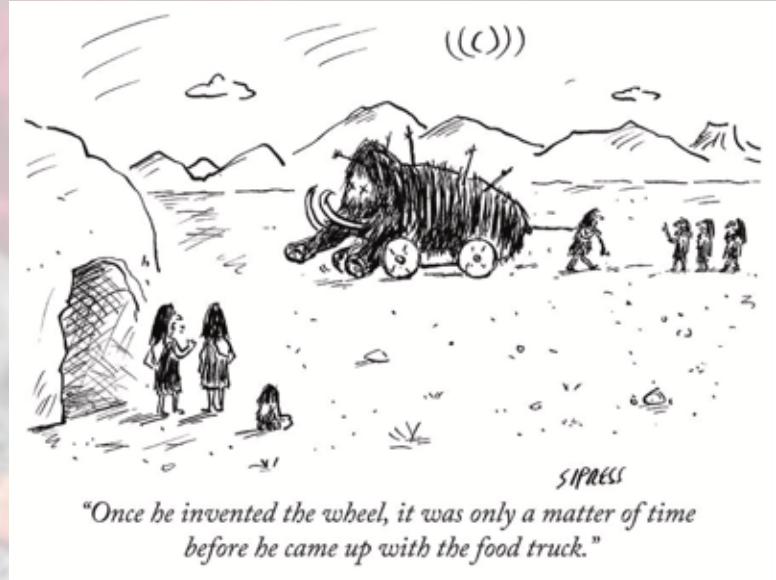


Tomorrow being Good Friday means a shortened trading week, giving investors a chance to take a bit of a breather. I encourage you to use this extra time to read the CBC article [here](#) summarizing the impact of the last great pandemic -the Spanish Flu- on the world. If you can get past the staggering death toll which ranged from 20-40 million (more than the current population of Canada) the article gives you some perspective on what is happening now. By this I mean the total mobilization of governments and their people to combatting the scourge. It was total war, perhaps as much as was the First World War which ended the year previously.



Without any exaggeration (none needed), nothing less than the arc of history was changed, with world leaders from President Wilson to British Prime Minister Lloyd George nearly dying from Influenza. Gandhi too almost succumbed to the illness, and it boggles the mind to think of whether India would have gained its independence in 1947 without him.

Where I'm going with this, is that it is hard to know exactly how much Covid-19 will change our lives once it has been beaten. Just know that it will, and in ways that we can't know until enough years have passed for us to gain perspective. We are all living through a moment in history that future textbooks will devote considerable attention to. This in itself is unifying.

But on a lighter note, I am attaching [here](#). a terrific Spring recipe for Maple Mousse. Light, airy, delicious and -best of all- easy on the waistline! I've served this for over a decade to family and friends and received rave reviews every time. Come to think of it, it's the perfect way to complement Easter Sunday dinners, by shedding the heavier stuff of Winter and embracing the new season of hope. Enjoy!

I wish all of you a blessed Easter weekend.
Be safe, be well.

Martin
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