

Bridging the generation gap in retirement

Inside this issue:

Bridging the Gap

Matson Mystery Corner

Keeping up with Michael

Fabulous Food Finds

What's Wayne up to?

Client Snapshot

Random Fun Facts



Matson Mystery

Corner.....

Look for the answers under the ABOUT US/ NEWS section on our website!

Which MFA employee's daughter is doing a semester in Spain this spring ?

Which MFA employee attended the Ryder Cup in France in September?

Which MFA employee is going to become a first time grandma in December?

1 What will you do with all that time?" The most common answer shared by pre-retirees is "Spend more time with family." In many cases, "family" means kids and grandkids. And often the retiree's vision of what spending quality time is all about includes on-call babysitting, trips to DisneyWorld, lining the sidelines on weekends to cheer on the grandkids athletic teams or even considering a relocation in order to live closer to the little ones.

2 Some retirees with living parents struggle to find a balance between spending quality time *in quantity* with aging parents who may require assistance as a care advocate and saying yes to your granddaughter's dance recital.

4 So, how do you decide exactly how to prioritize your time? How can you fit into your children's and grandchildren's busy lives when your parents might need you more? And, how do you balance your own needs and desires (including that long "bucket list") into the equation? You have to prioritize and communicate effectively to keep everyone on the same page.

No longer having a daily commute for work provides precious time for the older generations to bond, help your children balance their work/life responsibilities, watch a grandson's art project come to life and strengthen family ties. Some families enjoy:

- Travelling together on multi-generational vacations
 - Plan weekly lunches or dinners
- Keep up-to-date with regular Skype/FaceTime sessions or tracking family Facebook and Instagram posts
 - Organize and catalogue old family photos
 - Take a cooking, art or yoga class together
- Assist in coordinating transportation and daily living activities

However you decide to spend your time, you will benefit from sharing your day with loved ones, young and old. Be mindful to take care of yourself and be bold and be fun. Everyone enjoys spending time with positive people, even family!

Topic content originally published 03/22/17 by Cathy Hamilton on Fit-to-Retire Blog

Keeping up with Michael..



Our summer was busy with projects around the house. As a homeowner there is always an update or upgrade on the To-Do list. Too often the To-Do list goes unchecked as projects fall victim to the day-to-day ebbs and flows of life. The storm that blew through our community in May 2018 forced an urgency to address some projects including tree removal, regrading, new walkways, railings and tree plantings. It was sad to cart away so many damaged trees but with fewer trees there is more sunlight. And combining this open space with what seemed like rain every weekend our lawn has new life.

I admit walking through the debris and chaos after that storm was depressing to see how much work needed to be done to get things back to normal. Now, just 6 months later, I realized that with the right attitude (and having the right help) good things can come from overcoming challenging times.

Fabulous Food Finds: Pulcinella

Tucked away in an unobtrusive strip of stores is the star of Italian restaurants in Brookfield. Pulcinella has been open for several years, and has become so popular they recently expanded their bar and dining areas.

Having been there several times I've had the pleasure of trying many items. My favorites are the Roasted Beet Carpaccio salad, Burrata Caprese or multilayer Eggplant Parmigiana appetizer. For dinner, among many items, I keep going back to the Paccheri Alla Genovese, a homemade pasta with short rib meat. I've even enjoyed a different meal, but taken home the Paccheri for the next night! Their daily specials are varied and always delicious. But honestly, when I want a pizza, I go to Pulcinella.

We will celebrate Christmas and the New Year with both families and are thankful Kate has time off from her teaching responsibilities in Madrid, Spain to be home. Kyle, still living in NYC, will have a few days off to spend with us here in CT as well.

My wife Laurie continues juggling volunteer time at a local pre-school program and church, family time and the near-full time role of caring/advocating for both of her parents. I am thankful my mom and dad are well and enjoying time with family and friends.

Entering the New Year, I am looking forward to spending some time on the ski slopes with family and at the ice rink with old guys that haven't figured out they are old.



In the corner of the dining room sits their wood fired oven out of which comes the best thin and chewy crust, New Haven inspired pizza, you will find.

My only hesitation about sharing Pulcinella with you is that the secret is out and they may need to expand their footprint even more!

They are open seven days a week, and will accept reservations for parties of six or more.

Location: 640 Federal Road, Brookfield, CT

Food**** Atmosphere*** Cost \$\$

Call: 203-740-0055

What's Wayne up to?



This October Wayne attended the 2018 annual Financial Planning Association (FPA) conference in Chicago. The FPA Annual Conference is one of the largest financial planning conferences held each year, attracting CFP® professionals and financial planning thought leaders from across the globe. This year, the conference focused on the more prominent role that behavioral finance and financial psychology are having within the financial planning profession. Speakers also discussed the importance of diversity within the industry and the growth opportunities which exist in serving diverse communities. In terms of planning strategies,

tax-wise philanthropic giving was a major focus. With the changes to the standard deduction in the Tax Cuts and Jobs Act, many clients are no longer itemizing their charitable contributions. With this in mind, the question becomes, "If my client is no longer itemizing, how can they continue supporting their favorite charities while best meeting their financial goals?" A number of strategies to address this question were covered, including the use of Donor Advised Funds, as well as life income gifts in the form of a Charitable Remainder Trust or a Charitable Gift Annuity.

Client Snapshot Peter and Suzanne Hylenski

We have famous people in our midst! Peter and Suzanne are talented, hard-working people who have been recognized in their field.

For Peter it all started in Danbury, Connecticut, where he grew up with his mom, dad and two sisters. Peter attended Danbury High School and rose to the position of Drum Major, showing his leadership skills at a young age. He went on to receive a Bachelor of Fine Arts degree in drama at Carnegie Mellon University. His interest in drama and sound design started at the age of 13 when he learned the science of it while working sound at his church, and then again at the Candlewood Playhouse in New Fairfield. At the time the Playhouse had a strong connection with the Broadway world, especially the plays by Andrew Lloyd Weber. Peter met the right people at the right time. By the age of 18 he was sent to Las Vegas to work on the sound for *Starlight Express*.

Suzanne was born in Chelmsford, and raised in Essex, England. As a young child with lots of energy, she became involved in dance and ultimately musical theatre. Suzanne auditioned to attend the Laine Theatre Arts, a three-year course known for its exceptional training for those working toward a career in musical theatre. At Laine's, Suzanne attended dance, acting, singing and anatomy classes from 9 a.m. until 6 p.m. After graduation she worked professionally in Christmas shows, modeled, and received her first part post-college in the *Joseph and the Amazing Technicolor Dreamcoat* tour.

It was while rehearsing for her European tour of *Fosse* that Suzanne and Peter first met. Both were in the recording studio, separated by a glass wall, when they caught each other's eye. A month later the show started and a friendship began. While Suzanne stayed with the show, Peter traveled back and forth to Europe as the Associate Sound Designer. This long distance relationship lasted for four years, with Peter traveling every few months to see Suzanne. This was around the time that Apple's FaceTime video calling began, and to make it easier for them to communicate, they both bought cameras to see each other.

The relationship was going well, so the decision was made to have Suzanne move to the U.S. where they felt it would be better for both their careers. Suzanne applied for a green card and auditioned for shows. When asked what her favorite show was to work on, she replied *The Producers* in London with Nathan Lane. She loved the story and dancing. Also on her list is *Mary Poppins* on Broadway where she was elevated to the position of dance captain. This meant Suzanne managed and taught the other dancers and covered for shows—she had to know all the parts!

Two and a half years ago Suzanne decided it was time to hang up her dancing shoes. The injuries had taken their toll, and she wanted to change to a field that would allow her more time with Peter. With her anatomy background, and with more schooling, she became a Health and Wellness Coach to clients in New York and Connecticut.

Peter is still going strong with sound design, and has been nominated for five Tony Awards, one Grammy, five Drama Desk, and one Olivier Award! Peter's current shows on Broadway are *Frozen*, *Anastasia*, *Once on this Island*, and *King Kong*. *Beetlejuice* will begin in the spring also on Broadway. Once a show opens, Peter's team takes care of the day-to-day operations, while he is able to move on to the next production, often juggling multiple shows at the same time.

As you can imagine, Peter does a lot of travel! Last year while spending the summer in Denver for *Frozen*, Suzanne was able to meet up with him and they spent some time hiking and taking day trips in the area. Once a year they get away for a vacation. Last year it was Tuscany, this year it's a trip to the Bahamas. They also try to get away for weekend trips. One of their favorites is Newport, RI, for the New England charm and the beaches. Suzanne is able to go back to England about once a year, and they will end 2018 in her hometown. While they spend much of their time at their New York apartment, they also enjoy quiet time away at their home in New Fairfield.

Thank you Suzanne and Peter for sharing your fascinating life!





Random Fun Facts

In Switzerland it is illegal to own just one guinea pig

The oldest “your mom” joke was discovered on a 3,500 year old Babylonian tablet

7% of American adults believe that chocolate milk comes from brown cows

Bananas are curved because they grow towards the sun

Movie trailers were originally shown after the movie, which is why they were called “trailers”

A baby spider is called a spiderling

Recycling one glass jar saves enough energy to watch television for 3 hours

The Twitter bird actually has a name—Larry (from Larry Bird the basketball player)

Vincent van Gogh only sold one painting in his lifetime

Coca-Cola owns all website URLs that can be read as ahh, all the way up to 62 h’s

The two tiny holes drilled in every BIC pen is to ensure that the air pressure is the same both inside and outside the pen, which helps the ink flow to the tip

If you sneeze while traveling at 60 mph your eyes are closed for an average of 50 feet

Expedia.com, Hotels.com, Hotwire.com, Trivago, Travelocity and Orbitz are all owned by the same company, Expedia Inc.

The most popular item at Walmart is bananas. They sell more bananas than any other single item they have in stock

Sunsets on Mars are blue

“Digging a hole to China” is theoretically possible if you start in Argentina

If you made \$1 every second, it would take you 2,921 years to have more money than Bill Gates (over \$92.1 billion dollars)

Shoe shops used X-Ray machines to measure shoe sizes in the 1940s before the risks of X-Rays were fully understood

Mr. Potato Head was the first toy to be advertised on TV

The television was invented only two years after the invention of sliced bread

Source: www.thefactsite.com

Find us at: **www.matsonfinancialadvisors.com**

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