

# Retirement Times

NEWS AND UPDATES FOR RETIREMENT PLAN SPONSORS AND FIDUCIARIES

## SHOULD YOU ROCK ALTERNATIVE IN YOUR LINEUP?



We are now in the eighth year of an equity bull market, making this the second-longest upswing in American history.<sup>1</sup> Additionally, the bond market has been in a secular bull market since 1982 as rates on the 10-year treasury fell steadily from above 14 percent to below 2 percent last year.<sup>2</sup> The recent strong returns we have experienced may be difficult to sustain due to equity valuations, near-record corporate profit margins, and low interest rates. This is not to say we are in a bubble or an imminent bear market looms, however now may be a good time to reset long-term investment return expectations for participants. In fact, California's state public pension system, Calpers, recently lowered their expectations for

long-term investment returns from 7.5 percent to 7 percent.<sup>3</sup> Even those reduced projections may prove optimistic.

Equity returns are primarily a function of three factors: earnings growth, the multiple paid for earnings, and dividends. Earnings have benefitted from near-record corporate profit margins.<sup>4</sup> Since the Great Recession, corporate profit margins have expanded on the back of cost cutting, low labor costs and low interest rates. This margin expansion has fueled earnings growth and any reversion to the mean would create a headwind for earnings going forward.<sup>5</sup>

Furthermore, the current price-to-earnings ratio<sup>6</sup> for the S&P 500 is about 18 times forward earnings. That compares to a historical 25-year average of about 16 times earnings.<sup>7</sup> These valuation levels are not extreme yet can provide less opportunity for future multiple expansion to drive returns. Lastly, the current dividend yield on the S&P 500 is less than 2 percent compared to a historical median yield of over 4 percent.<sup>8</sup> For all of the above reasons, U.S. equity returns in the high single digits may be unlikely over the coming years from this starting point.

Returns from fixed-income investments may also be challenged going forward. A significant component of fixed income returns are yields. During this secular bull market in bonds, returns have been bolstered by falling interest rates. The current yield on 10-year treasuries is about 2.5 percent. That compares to an average



# Retirement Times

NEWS AND UPDATES FOR RETIREMENT PLAN SPONSORS AND FIDUCIARIES

historical nominal yield of over 6 percent.<sup>9</sup> Additionally, if or when rates eventually rise, bond prices may be pressured since bond prices move inversely to interest rates. With yields near historically low levels, fixed income investments may return less than they have historically.

Subsequently, along with the meteoric rise in the price of gold, came a decline. Gold peaked at \$1,920.70 in August 23, 2011 and fell to \$1,048.30 by December 17, 2015.<sup>1</sup> An investor who bought at the high and sold at the low, realized a loss of 45.4 percent over this time period. A \$100,000 investment would have fallen to \$54,579. Let's contrast that with a diversified portfolio with its foundation in core asset classes and only a portion allocated to alternatives. Consider a hypothetical portfolio allocated as follows: 40% U.S. Equity, 10% International Equity, 40% Core Fixed Income, 5% Commodities, and 5% Global REITs.<sup>1</sup> Over the same time period, this portfolio achieved a positive return of 46.48 percent. So a \$100,000 investment would have grown to \$146,480.

This is by no means a signal to exit the market and go to cash. Market timing is a fool's game because it is impossible to properly time an exit and entry back into the market. As history has repeatedly shown, investors who try to time the market may be destined for inferior returns over time. However from the current starting point, it is difficult to envision a balanced portfolio achieving high single digit returns over the next

five to 10 years. A low to mid-single-digit return may be a more realistic expectation.

<sup>1</sup><http://money.cnn.com/2016/04/29/investing/stocks-2nd-longest-bull-market-ever/>

<sup>2</sup><http://www.cfapubs.org/doi/pdf/10.2469/cp.v27.n2.6>

<sup>3</sup>Calpers Cuts Investment Targets, Increasing Strain on Municipalities. *The New York Times*. December 21, 2016.

<sup>4</sup>A "Generational" Peak In Corporate Profit Margins. *ZeroHedge.com*. April 2, 2016.

<sup>5</sup>A "Generational" Peak In Corporate Profit Margins. *ZeroHedge.com*. April 2, 2016.

<sup>6</sup>The ratio for valuing a company that measures its current share price relative to its per-share earnings.

<sup>7</sup>Q 2017 Guide to the Markets. *J.P. Morgan*.

<sup>8</sup>S&P 500 Dividend Yield.

<sup>9</sup>2017 Guide to Retirement. *J.P. Morgan*.

## RECRUIT, RETAIN, RETIRE – REFRAMING FINANCIAL WELLNESS

So much of the financial wellness conversation to date has focused on the potential health care cost mitigation of adopting organizations.

A more effective angle, however, may come in the form of the company's increased ability to recruit, retain, and allow a happier workforce to retire on time.

# Retirement Times

NEWS AND UPDATES FOR RETIREMENT PLAN SPONSORS AND FIDUCIARIES

## Wellness Programs Aim to Keep Employees and Employers Happy



T. Rowe Price conducted a plan sponsor survey in April 2016<sup>1</sup> to get their thoughts about financial wellness and other defined contribution trends. When asked what the major objectives of financial wellness initiatives are for your company, plan sponsors responded with:

- + Major Objective: Retaining skilled employees – 74%
- + Major Objective: Increasing employee satisfaction – 69%
- + Major Objective: Improving employee productivity – 67%
- + Major Objective: Competing effectively for skilled employees – 64%

These responses are almost identical to the common reasons why employers offer an overall benefits package in the first place—to recruit and retain top talent.

Financial wellness programs, for the most part, are focused on more holistic financial education, such as debt management, budgeting, and saving and spending strategies.

## Retirement Success Requires Fiscal Fitness

Over the years, advisors and employers have improved overall retirement plan participation rates and perhaps deferral rates through automatic services; however, overall retirement readiness may not be improving. Why? It may be counterproductive to tell employees to save more, maximize the match, and take advantage of compounding if there are larger financial issues preventing them from doing so.

And even if employees are participating and saving at an adequate rate, that doesn't necessarily mean they have the financial flexibility to cover a financial emergency. Often, retirement savings is the first to suffer when a financial crisis hits.

Unlike implementing services like reenrollment, where sponsors can see the immediate effects in the form of increased participation, the benefits reaped from implementing a financial wellness program will be realized over time. Depending on the level of debt employees may carry, it may take a few years to make a



# Retirement Times

NEWS AND UPDATES FOR RETIREMENT PLAN SPONSORS AND FIDUCIARIES

significant impact on increased retirement savings.

And it's important to understand that financial wellness programs are not a participant-sold idea or service. They can be a very effective value add for the employer in the forms of increased retention, higher morale, longer tenure, and potential cost mitigation—that also can have an extremely positive impact on the financial and emotional state of the workforce.

## Recruit, Retain, Retire: A Fresh Take on Employee Benefits

The old mantra of offering a competitive benefits package to “recruit, retain, and reward” needs updating. With an emphasis on retirement savings and financial wellness, the “three Rs” should now shift to “recruit, retain, and retire.”

*<sup>1</sup>T. Rowe Price/Brightworks Partners, LLC, Plan Sponsor Pulse Survey, April 2016. Survey of 155 401(k) plan sponsors with assets of \$100 million or more conducted online, March 22-April 1, 2016.*

## SHOULD A RETIREMENT PLAN IMPLEMENT A FEE POLICY STATEMENT?

For the client who may be concerned about fiduciary compliance, a fee policy statement may give comfort. Like all other fiduciary actions, the value of this statement is a function

of how well it is written (not too loose nor too tight) and how consistently a plan sponsor actually describes/practices the process documented. So, a fee policy statement can potentially create problems in addition to mitigating them.

Having said this, assuming the plan is being managed prudently, by conducting a comprehensive live bid every three to four years (or sooner if circumstances warrant), along with an annual “second opinion” based on national normative data (as in our annual Fiduciary Plan Review), and the plan sponsor responds appropriately to the conclusions and maintains documentation, this should provide sufficient documentation to mitigate liability.

The recent attention to this issue is good in that, if interpreted properly, it will raise awareness. On the other hand, it also may create a bias for action which may not be beneficial.

A written fee policy is not required and may not be necessary. It is sufficient to state in the Investment Policy Statement (IPS) that the fiduciaries will take the necessary steps to ensure fees are reasonable. A detailed fee policy may set fiduciaries up for failure and limit their flexibility in determining how fees will be structured.



# Retirement Times

NEWS AND UPDATES FOR RETIREMENT PLAN SPONSORS AND FIDUCIARIES

## COMPANY STOCK AND FIDUCIARY CONSIDERATIONS

In recent years, there has been a substantial increase in litigation involving retirement plans that have invested in the stock of their sponsoring company. The only definitive way for plan fiduciaries to avoid liability with respect to plan investments in employer stock is to avoid such investments altogether. Nevertheless, many employers, believing that employer stock is beneficial to their plans, continue to maintain it as an investment.

If company stock is available in your retirement plan, you may wish to consider hiring an independent fiduciary. Best practices dictates that the independent fiduciary should have no actual or perceived relationship with the company or its directors and should have exclusive control over the investment-related decisions for the plan, at least with respect to investment in company stock. This eliminates the concern regarding potential insider information and also helps to shift the fiduciary exposure to the independent fiduciary. That said, until this has been accomplished, your company's retirement committee likely doesn't have a choice but to monitor, and make decisions in regards to, company stock (unless the plan document expressly states that the

plan must offer company stock). Absent a plan provision requiring company stock, the fiduciaries remain tasked with taking prudent action in the interests of participants in mind, which includes actions taken with respect to the company stock. For more information, contact your retirement plan advisor.

### IMPORTANT DISCLOSURE INFORMATION

*MCF Institutional is a registered d/b/a of MCF Advisors, LLC ("MCF"). Please remember that past performance may not be indicative of future results. Different types of investments involve varying degrees of risk, and there can be no assurance that the future performance of any specific investment, investment strategy, or product (including the investments and/or investment strategies recommended or undertaken by MCF), or any non-investment related content, made reference to directly or indirectly in this brochure will be profitable, equal any corresponding indicated historical performance level(s), be suitable for your portfolio or individual situation, or prove successful. Due to various factors, including changing market conditions and/or applicable laws, the content may no longer be reflective of current opinions or positions. Moreover, you should not assume that any discussion or information contained in this brochure serves as the receipt of, or as a substitute for, personalized investment advice from MCF. To the extent that a reader or listener has any questions regarding the applicability of any specific issue discussed herein to his/her/its individual situation, he/she/it is encouraged to consult with the professional advisor of his/her/its choosing. MCF is neither a law firm nor a certified public accounting firm and no portion of the webinar content should be construed as legal or accounting advice. A copy of MCF's current written disclosure statement discussing our advisory services and fees is available upon request. If you are an MCF client, please remember to contact MCF in writing, if there are any changes in your personal/financial situation or investment objectives for the purpose of reviewing / evaluating / revising our previous recommendations and/or services.*