



## ***NEED SUPPORT?***

### **COED FIRE CIRCLE**

EVERY OTHER THURSDAY 6 PM  
8/18, 9/1, 9/15, 9/29, 10/13 ..

### **MEN'S FIRE CIRCLE**

EVERY OTHER TUESDAY 6 PM  
8/23, 9/6, 9/20, 10/4, 10/18 ..

First time is free  
Then \$20-\$50 suggested donation  
Led in person outdoors in Santa Barbara by



**L Williamson**  
Executive Coach &  
Transformational COO  
310.738.8827  
L@ccafam.com

We share,  
we help each other,  
we solve problems,  
we laugh, we cry,  
we grow ..

*"L's circles are something special"*  
- Chad Prentice, Santa Barbara Attorney

*"L has a gift for facilitating  
powerful connections"*  
- Joe Parker, Santa Barbara Real Estate Agent

*"L's circles are a much needed place for  
healing and transmuting"*  
- Lauren Hopper, Santa Barbara Yoga Teacher

## **COME CIRCLE WITH US!**